



# MONTANA

## BODY SPA



GEORGE WASHINGTON

HOTEL · GOLF · SPA

Welcome to Montana Spa

# Relax & Unwind

With a range of treatments to cater for your every wish and desire.



Your skin, your body and your wellness lie at the heart of ELEMIS.

Hands-on, our ELEMIS therapists harness the power of nature and science to create ground-breaking formulations that genuinely transform your skin.

**Personally prescribed... Sublimely sensory, the experience is exceptional, the results are real.**

# Relaxing times

## ELEMIS SPA THERAPY TREATMENTS

ELEMIS therapists make it personal. They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the ever-changing nature of your skin.

A healing hub where touch and technology are turbo-charged by the power of minerals, plants and active natural aromatics.

Your skin, your body and your wellness lie at the heart of ELEMIS.



**Elemis**  
spa-therapy



# Age defying



## ELEMIS HANDS ON ANTI AGEING FACIAL TREATMENTS

### ELEMIS Pro-Collagen Age Defy Facial

60 mins

£65

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

### ELEMIS Pro-Definition Lift & Contour Facial

60 mins

£65

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives, found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

### ELEMIS Dynamic Resurfacing Precision Peel Facial

60 mins

£65

Clinically proven\* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

\*Independent clinical trials.

# Hands on Skin



## ELEMIS HANDS ON SKIN SOLUTIONS FACIAL TREATMENTS

### ELEMIS Pro-Collagen Age Defy Facial

60 mins

£65

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

### ELEMIS Skin Solutions Prescription Facial

30 mins

£25

55 mins

£45

Whether your skin needs a powerful recharge, is in need of a moisture boost, or requires restoration of skin balance, this hands-on facial can be prescribed to suit your skin's specific needs. Your skin is cleansed and stimulated by specialist eastern massage techniques in order to hydrate, refine and add vital radiance.

### ELEMIS Superfood Pro-Radiance Facial

60 mins

£65

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health.

\*Independent Clinical Trials.

### ELEMIS Sensitive Skin Soother

60 mins

£65

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

### ELEMIS Anti-Blemish Mattify & Calm

60 mins

£65

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

# Treat Yourself

## ELEMIS BODY TREATMENTS FOR PURE AND ULTIMATE RELAXATION

**ELEMIS Pro-Collagen Age Defy Facial**  
60 mins

£65

### **ELEMIS Freestyle Deep Tissue Massage**

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

**Back, Neck, Shoulder, Face & Scalp Massage:**

30 mins

£30

60 mins Full Body Massage

£55

90 mins Full Body, Face & Scalp Massage

£80

### **ELEMIS Deeper Than Deep Hot Stone Massage**

Balinese stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into area of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

30 mins Back, Neck & Shoulder Massage

£35

60 mins Full Body Massage

£60

80 mins Full Body, Face & Scalp Massage

£80



**Elemis**

spa-therapy

# A Man's Game



## ELEMIS SKIN INTELLIGENCE FOR MEN

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

### ELEMIS Skin Solutions Prescription Facial

35 mins

£35

55 mins

£55

Whether your skin needs a powerful recharge, is in need of a moisture boost, or requires restoration of skin balance, this hands-on facial can be prescribed to suit your skin's specific needs. Your skin is cleansed and stimulated by specialist eastern massage techniques in order to hydrate, refine and add vital radiance.

### ELEMIS High Performance Skin Energiser

60 mins

£65

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.



# Regenerate



## ELEMIS BODY: SCRUBS & WRAPS

### ELEMIS Body Nectar Nourishing Wrap - Sweet Orchid or Frangipani Wrap

45 mins

£60

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Combined with massage

1 hour 45 mins

£110

### ELEMIS Intensely Cleansing Salt Scrub - Lime & Ginger or Frangipani

30 mins

£45

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### ELEMIS Intensely Cleansing Body Massage - Lime & Ginger Body or Frangipani

1 hour 45 mins

£100

A delightful body exfoliation followed by a personalised full body massage.

### ELEMIS Targeted Toning Tightener

1 hour 30 mins

£85

A powerful blend of massage and a detoxifying clay for targeted toning and improved circulation. Full body.

Choose a localised treatment:

Arms, Hips & Thighs or Abdomen

30 mins

£40

### ELEMIS Garden of England Rose Restore

1 hour Full body massage

£60

Delicious centred full body massage with British botanical oil and rose body balm to lavishly hydrate and relax you from top to toe.

### Full Body Massage, Facial & Scalp Massage

1 hour 30 mins

£90



# Gentle Care



## ELEMIS: MOTHER-TO-BE

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester. Gently.

### ELEMIS Skin Solutions Prescription Facial

30 mins

£35

55 mins

£55

Whether your skin needs a powerful recharge, is in need of a moisture boost, or requires restoration of skin balance, this hands-on facial can be prescribed to suit your skin's specific needs. Your skin is cleansed and stimulated by specialist eastern massage techniques in order to hydrate, refine and add vital radiance.

### ELEMIS Peaceful Pregnancy Massage

1 hour - 1 hour 15 mins

£69

Back Massage - 30 mins

£35

Mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

### ELEMIS Peaceful Pregnancy Face & Body Experience

2 hours

£115

A combination of the Peaceful Pregnancy Massage and ELEMIS Facial which gently addresses any visible effects of hormonal changes on the skin and supports it, as it accommodates your baby.

# Recharge & Restore

## MONTANA SPA SIGNATURE TREATMENTS

Why not try one of our signature treatments that will recharge your batteries and restore your health and well being.

### **Indian Head Massage**

30 mins

£25

Specialist Ayurvedic massage techniques to relieve tension in the head, neck and shoulder area. Improves muscle tension and promotes health and well being.

### **Back, Neck & Shoulder Massage**

30 mins

£25

Relieve all the tension and stress of the day with our signature massage focusing on the back neck and shoulder.



**MONTANA**  
**BODY SPA**

# Neatly Packaged

## FINISHING TOUCHES AT MONTANA SPA

### Waxing

Full Leg	£20
Half Leg	£15
Standard Bikini	£10
Extended Bikini	£15
Brazilian	£20
Hollywood	£25
Underarm	£10
Forearm	£10
Back	£15
Chest	£15
Chin	£5
Lip	£5

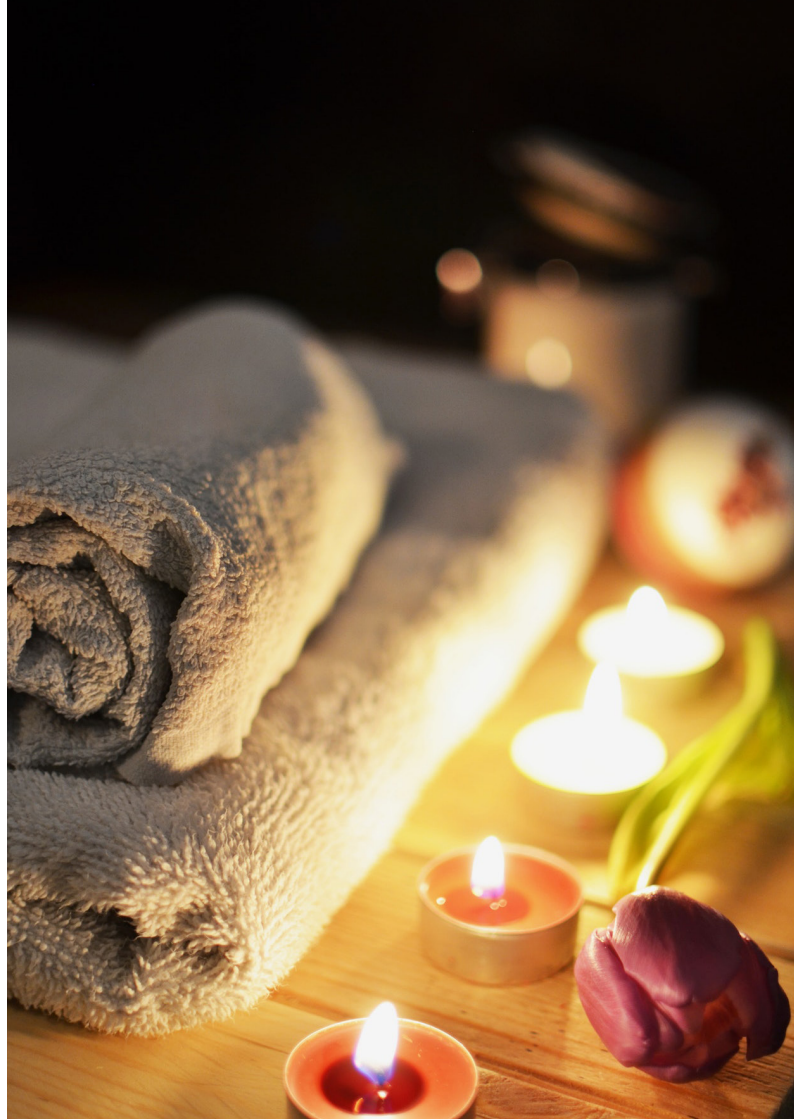
### Brows & Lashes

Eyebrow Wax	£10
Eyebrow Tint	£10
Eyebrow Wax & Tint	£15

### Tanning

St Tropez Tanning	£25
-------------------	-----

Specially formulated treatment using a spray via airbrush giving you a quick, safe and natural looking tan which lasts up to one week.





Images taken from Pure Nails website.  
©Pure Nails

### Luxury Manicure & Pedicure

Luxury Halo Manicure	£20
Deluxe Halo Manicure	£25
Luxury Halo Pedicure	£25
Deluxe Halo Pedicure	£30
Add on Mani/Pedi Geleration	+£15

### Halo Geleration Shape & Paint

Halo Geleration Removal	£10
Halo Polish Shape & Paint	£12

Nail Extensions	£25
-----------------	-----

pure  
NAILS



Halo

**Full Set of Nouveau Semi-Permanent  
Individual Eyelash Extensions**

£40

The ultimate lash treatment. You want fuller, thicker, longer lashes from the moment you wake? Extend makes it happen. Extend lash extensions are soft but strong. Each is beautifully curled and tapered to imitate natural lashes. They're light enough not to weigh your own lashes down. And the effect is flawless.

**Express Lashes**

£25

Designed to last up to two weeks and not be in-filled.

# NOUVEAU<sup>®</sup>

---

# L A S H E S





HD Brows is a bespoke eyebrow treatment that is totally tailored to you - not a brow stencil in sight. It's so much more than a standard eyebrow tint and wax; our expertly trained stylists combine our unique design formula with custom-blended colour, hair removal and make up application for bespoke brows that suit you. £25

# HD BROWS

HIGH DEFINITION BEAUTY

## Before & After



Images taken from HD Brows website.  
©insta\_@hairministrybrows



Images taken from HD Brows website.  
© HD Brows

# A Day at the Spa

## Refresh and Revive

45 mins	Sun - Thur	£70 (per person)
45 mins (per person)	Fri - Sat	£80 (per person)

ELEMIS Skin Specific Facial or ELEMIS Deep Tissue Back, Neck and Shoulder Massage (45 mins). With an added scalp or foot massage (15 mins). Full use of Spa & Leisure Facilities and a one course light lunch.

## Escape

60 mins (per person)	Sun - Thur	£90 (per person)
60 mins	Fri - Sat	£100 (per person)

*Please note that Sunday Lunch will be provided only on Sundays.*

ELEMIS Skin Specific Facial or ELEMIS Deep Tissue Full Body Massage. Full use of Spa & Leisure Facilities and a one course light lunch.

## Indulgence

2 hours	Sun - Thur	£109 (per person)
2 hours	Fri - Sat	£119 (per person)

*Please note that Sunday Lunch will be provided only on Sundays.*

ELEMIS Skin Specific Facial (60 mins) or ELEMIS Deep Tissue Back, Neck and Shoulder Massage (60 mins). Full use of Spa & Leisure Facilities and a one course light lunch.

## Mother to Be/New Mum Package

2 hours 30 mins	Sun - Thur	£130
2 hours 30 mins	Fri - Sat	£140

*Upgrade to gel polish for £150.*

ELEMIS Peaceful Pregnancy Massage for the Mother-to-Be or New Mum ELEMIS Skin Solutions Facial. Nurturing pedicure with polish.

## Couples Retreat

2 hours 30 mins	Sun - Thur	£260 (per person)
2 hours 30 mins	Fri - Sa	£280 (per person)

*Please note that Sunday Lunch will be provided only on Sundays.*

ELEMIS Full Body Deep Tissue Massage (60 mins) and ELEMIS Skin Specific Facial (60 mins). Indian Head Massage/Nail Shape & Paint. Full use of Spa & Leisure Facilities and a one course light lunch.

## Afternoon Tea

Mon - Thur	£60
Fri - Sat	£70

*Please note afternoon tea is not available on Sundays.*

30 min Treatment  
Full use of Spa & Leisure Facilities  
Afternoon Tea

## TWILIGHT SPA DAY

2 hours	£50
Available Mon-Thur from 4-6pm	
Full use of Spa & Leisure facilities	
Food from our Spa Menu	
A treatment of your choice (30 mins)	

## UPGRADES

Upgrade any treatment or package by hiring our private relaxation room for 1 hour.

£10 per person - full use of relaxation room for 1 hour

£25 per person - full use of relaxation room for 1 hour including a bottle of Prosecco.

*Overnight spa packages available from £90 per person, please enquire within the spa for more information on current offers.*



# Pamper Yourself Spa Experiences

## SPA EXPERIENCES

### Slice of Heaven

1 hour 40 mins

£85

File & Polish Fingers (25 mins)

File & Polish Toes (25 mins)

ELEMIS Express Facial (25 mins)

ELEMIS Back, Neck & Shoulder Massage (25 mins)

### Luxury ELEMIS Experience

2 hours 10 mins

£150

Full Body Massage (50 mins)

Facial (50 mins)

Body Scrub (30 mins)

### Head to Toe Pamper

3 hours 25 mins

£125

Facial (35 mins)

Full body Massage (50 mins)

Manicure (60 mins)

Pedicure (60 mins)

*Upgrade to gel polish for fingers and toes for an extra £12.*

## TWILIGHT EXPERIENCE

2 hours

£65

Available Mon-Thur from 4-6pm

Full use of Spa & Leisure facilities

A treatment of your choice (60 mins)

# Weddings & Occasions

## BRIDAL AND WEDDING MAKE UP

Bride Make Up Trial	£40
Bride Wedding Day Make Up	£80
Bridesmaid Make Up Trial	£30
Bridesmaid Wedding Day Make Up	£60
Mother of Bride Make Up Trial	£30
Mother of Bride Wedding Day Make Up	£55
Flower Girl Make Up Trial	£20
Flower Girl Wedding Day Make Up	£30
Wedding Guest Make Up	£30

*Add lashes for an additional £10.*

## PRE-WEDDING MINI PAMPERING

Choose any two below to create a unique pre-wedding pamper package

£60

Indian Head Massage  
Spray Tan  
Manicure, Pedicure or Gel Nails  
Eyelash Tint, Eyebrow Wax and Tint

## GETTING MADE UP

Special Occasion Make	£30
Prom Make Up <i>Applied on day inclusive of lashes</i>	£30



# Special Occasion Packages

## PROPER PAMPER PACKAGE

For only

£85

Superfood Pro-Radiance Facial (60 mins)  
Montana Signature Massage\*\* (30 mins)

The Superfood Pro-Radiance Facial\* provides a natural boost, rich in superfoods and essential minerals and designed to plump and brighten the skin.

\* Independent clinical trials have proven to leave skin healthy, plumper and more vibrant

\*\* The Montana Signature Massage relieves all the tension in the back, neck and shoulders that retains all the stress and congestion of the day and leaves you feeling refreshed and ready to go.

## CLEANSE & POLISH

For only

£80

### ELEMIS Intensely Cleansing Salt Scrub

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Luxury Manicure/Luxury Pedicure.

## THE NAIL PACKAGE

3 Sets of gel nails

£55

All about the feet

Per treatment

£40

Relaxing Foot Spa Soak

Mini Pedicure

Foot Massage

Gel Painted Toes

Deluxe Manicure

£25

Deluxe Pedicure

£25

## CLEANSE & POLISH

For only

£80

Back, Neck and Shoulder Massage (30 mins)

Indian Head Massage (30 mins)

Facial (30 mins)

# Spa Power

## MONTANA SPA GIFT VOUCHERS

### Looking for a great gift idea?

Why not try one gift a treatment. What a lovely way to show your loved ones you care by the power of spa treatments.

Our spa days and treatments offer relaxation and recharging of the batteries. What better way to share than sharing the experience and spending time with loved ones. Especially after being apart so long.

Please ask a member of the team for more details or call Montana Spa directly on 0191 202 2411.

Available for either a specific treatment or in monetary value.

### GIFT VOUCHERS

A fantastic range of gift vouchers from George Washington

BROWSE BY CATEGORY



**SLEEP VOUCHERS**  
RELAX IN STYLE



**DINING VOUCHERS**  
AWARD WINNING FOOD



**SPA VOUCHERS**  
RELAX & UNWIND



**FATHER'S DAY**  
TREAT DAD

Vouchers are only available from our website:

[shops.giftvoucherbrilliance.co.uk/george\\_washington](https://shops.giftvoucherbrilliance.co.uk/george_washington)



# MONTANA

BODY SPA

## Opening times

Monday - Tuesday:	9am - 5pm
Wednesday - Thursday - Friday:	9am - 7pm
Saturday:	9am - 6pm
Sunday:	10am - 5pm

## Contact us:

Stone Cellar Road  
High Usworth  
Washington  
NE37 1PH  
Tel: 0191 402 9988  
Spa direct: 0191 202 2411  
[manager@montanaspa.co.uk](mailto:manager@montanaspa.co.uk)  
[www.georgewashington.co.uk](http://www.georgewashington.co.uk)  
[www.facebook.com/georgewashingtonspa](https://www.facebook.com/georgewashingtonspa)



# GEORGE WASHINGTON

HOTEL • GOLF • SPA